



Suggested Packing List for HOBY Oklahoma 2019

- Bedding:

- Ambassadors will need to provide their own bedding supplies (pillows, sheets, blanket, sleeping bag, etc.)
- The beds are twin size beds.

- Bath and Hand Towels

- Toiletries:

- shampoo, soap, deodorant, toothbrush, toothpaste, personal care/hygiene products
- any eye care products, grooming supplies

- Hair dryer

- Shower shoes

- Clothing for 4 days:

- Casual, comfortable clothing - shirts, shorts, jeans/long pants, etc. (must be in accordance with a typical school dress code)
- A seminar t-shirt will be provided at check-in to be worn for one day of seminar
- Dress attire for Sunday is business casual (skirts, dresses, dress pants, polo, etc.)

- Sturdy walking shoes (no flip flops)

- Closed-Toe Shoes (required for Food Bank)

- Alarm clock

- Small fan (optional)

- Umbrella or rain coat (optional)

- Sunscreen (optional)

- Small amount of spending money (optional)

- Water bottle (optional)

- Wrist watch (phones not always allowed)

- Over the counter medication (as needed)

Optional Community Service Donation Items:

We will be conducting Leadership for Service projects in conjunction with community service partner organizations at the seminar. All items will be collected during check-in at the seminar and will be brought to the food bank during seminar.

- Food Drive for Regional Food Bank

- Canned protein
- Canned vegetables
- Dry pasta
- Granola bars
- Peanut butter
- Brown or white rice
- Canned fruit (not in heavy syrup)
- Broth-based canned soup

Optional Seminar Donation Items:

- Forever postage stamps

What not to bring:

- Fancy clothes and shoes
- Valuables (jewelry, electronics, etc.)
- Tobacco of ANY sort
- Weapons
- Drugs or alcohol

Prescription Medication: If applicable, be sure to bring any prescription medication. Please bring only as much medication as will reasonably be needed during the HOBY event (4 days). Medication must be in its original container as labeled by the pharmacy. A Medication Verification Form for Physicians must be on file for all prescription medications. Please refer to the Policy for Use of Medication During a HOBY Event included in the pre-seminar materials for more information.

Who may I contact should I have additional questions?

Additional questions or concerns should be directed to our Leadership Seminar Co-Chairs. Jordan Pearse at jordan.hobyok@gmail.com or Bryan Lynch at bryan.hobyok@gmail.com.